



25th February 2022

Holden Clough Newsletter

Stars of the Week

Aaliyah & Emma	1KH
Ronan & Maham	1JS
Archie & Hashim	2SJ
Pagan & Veer	2GG
Laraib & Jake	3DH
Noah & Kayden	3GE
Eni & Olivia	4SP
Zoya & Kai	4DL
Shantel & Riley	5DP
Max & Olivia	5CH
Lucas & Alexa	6AP
Nieevie & Taylor	6AH

This week in 3DH



Dates to remember

- 30.03.22 - Class Photographs
- 01.04.22 - 4SP trip to the Police Museum
- 06.04.22 - 4DL trip to the Police Museum
- 07.04.22 - Year 3 Film Night
- 08.04.22 - School closes for the Easter Holidays

This week in 3DH, we have read the story of “The Crow and the pitcher.” We wondered why adding pebbles to the pitcher helped the crow to reach the water.

To help us work out the answer, we talked about the famous Greek scientist Archimedes and how he discovered that the displacement of the water was linked to the mass of the objects placed in it. We then demonstrated this by exploring the effects of adding oranges into water. We were able to watch the water level rise as more oranges were added.

New School Meals Menu

Thank you to everyone that has returned their child's menu for after the Easter Holidays.

If you still need to return yours, please do so on Monday.

We require one sheet returning per child so that we are aware of everyone's lunchtime arrangements and to make sure enough meals are prepared when we return on 25th April.



Year 4 Police Museum Visits

Year 4 will be visiting the Manchester Police Museum during the first week of April. 4SP will be going on Monday 1st April and 4DL will be going on Wednesday 6th April.

Please log in to your ParentPay account to give consent for your child to attend the trip, make the required contribution and indicate your child's lunch option.



Daylight Saving

Don't forget to put your clocks forward this Sunday by 1 hour for the start of British Summer Time.

Summer is on its way!



Holden Clough Primary School – Spring/Summer Menu 2022

If your child would like to have school meals from Summer Term 1, please complete this form by making one choice per day.

Childs Name: _____ Childs Class: _____

If your child will be bringing a packed lunch from home please tick here

Week 1

	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday
Monday								
Pork Sausages with Gravy		Mince Beef Pie		Roast Turkey with Stuffing & Gravy		Chicken in a Bun		Breaded Fish
Chicken Sausages with Gravy - Halal		Mince Beef Pie - Halal		Roast Chicken with Stuffing & Gravy - Halal		Chicken in a Bun - Halal		
Vegetarian Sausage with BBQ Sauce - V		Quorn Burger in a Bun - V		Cheese Whirl - V		Mediterranean Pasta - V		Homemade Cheese and Tomato Pizza - V
Tuna Mayo Finger Roll		Chicken Tikka Wrap		Egg Mayo Finger Roll		Cheese Sandwich		Ham Sandwich
Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling

Week 2

	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday
Monday								
Chicken Pasta Bake		Beef Meatballs in Tomato sauce		Roast Chicken with Stuffing & Gravy		Beef lasagne		Fish Fingers
Chicken Pasta Bake - Halal		Veggie Meatballs in Tomato Sauce - V		Roast Chicken with Stuffing & Gravy - Halal		Beef lasagne - Halal		
Quorn Chilli - V		Cheese and Onion Pie - V		Quorn Korma - V		Vegetarian Sausage Roll - V		Omelette - V
Egg Mayo on Wholemeal Bap		Tuna Mayo Wrap		Cheese Roll		Chicken Sandwich		Cheese Baguette
Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling

Week 3

	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday
Monday								
Beef Bolognese with Pasta		Chicken Tikka Masala		Roast Beef and Gravy		BBQ Glazed Chicken		Fish fingers
Beef Bolognese with Pasta - Halal		Chicken Tikka Masala - Halal		Roast Chicken and Gravy - Halal		BBQ Glazed Chicken - Halal		
Vegetarian Sausage in a Finger Roll - V		French Bread Margarita Pizza - V		Veggie Meatballs in Tomato Sauce - V		Cheese Whirl - V		Quorn Curry - V
Tuna Mayo on Wholemeal Bread		Cheese Bap		Egg Mayo Finger Roll		Tuna Wrap		Cheese Bap
Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling		Jacket potato with choice of filling

Reporting a positive case of COVID-19

If your child tests positive on a Lateral Flow Test, please remember to log the result with the NHS at: <https://www.gov.uk/report-covid19-result> and then forward the notification you receive from the NHS to **attendance@holdenclough.tameside.sch.uk**

Your child may only return to school once proof of **TWO** negative Lateral Flow tests have been received.

Please log the two consecutive negative Lateral Flow tests with the NHS at: <https://www.gov.uk/report-covid19-result> and forward BOTH notifications you receive from the NHS to

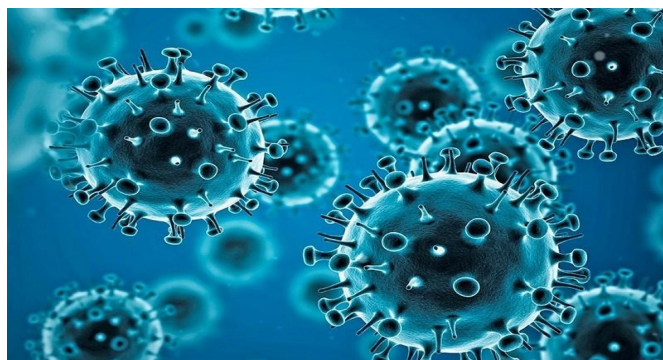
attendance@holdenclough.tameside.sch.uk

Reporting two consecutive negative Lateral Flow Tests

Your child may only return to school once proof of TWO negative Lateral Flow tests have been received.

Please log the two consecutive negative Lateral Flow tests with the NHS at: <https://www.gov.uk/report-covid19-result> and forward BOTH notifications you receive from the NHS to

attendance@holdenclough.tameside.sch.uk



Changes to Isolation Periods

The isolation period is still 10 days but can be reduced to **5 full days** (as long as your child is well enough and without a temperature) and receives **2 consecutive negative** LFD results which were **taken 24 hours apart**.

The earliest they should take the first LFD test is on day 5.

Any **positive test** after a first **negative test** would mean that the first negative is **null and void**. Your child would still require 2 consecutive negative tests from this point forward. You must register results with the NHS Website [here](#) and you must send the confirmation from the NHS for both these results to school attendance@holdenclough.tameside.sch.uk. You can order a pack of LFD tests [here](#).

TO RETURN ON THE DAY OF A SECOND NEGATIVE TEST, BOTH TESTS WOULD NEED TO BE TAKEN BEFORE 9AM.

Scenario 1 A negative test on Day 5 and then Day 6. Isolation ends on Day 6 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Anyone who tests positive must isolate for a full 5 days.						Negative LFD	Negative LFD			

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Scenario 2 A negative test on Day 6 and then Day 7. Isolation ends on Day 7 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Anyone who tests positive must isolate for a full 5 days.						Positive LFD	Negative LFD	Negative LFD		

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Scenario 3 A negative test on Day 7 and then Day 8. Isolation ends on Day 8 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Anyone who tests positive must isolate for a full 5 days.						Positive LFD	Positive LFD	Negative LFD	Negative LFD	

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Scenario 4 A negative test on Day 8 and then Day 9. Isolation ends on Day 9 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Anyone who tests positive must isolate for a full 5 days.						Positive LFD	Positive LFD	Positive LFD	Negative LFD	Negative LFD

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Scenario 5 A negative test on Day 9 and then Day 10. Isolation ends on Day 10 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
Anyone who tests positive must isolate for a full 5 days.						Positive LFD	Positive LFD	Positive LFD	Positive LFD	Negative LFD	Negative LFD

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Scenario 6 Isolation will end at 11:59pm on day 10 so no need to test as child can return on Day 11.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Anyone who tests positive must isolate for a full 5 days.						Positive LFD	Positive LFD	Positive LFD	Positive LFD	Positive LFD

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

In any scenario, the isolation period can only end if your child no longer has a high temperature. This applies even if they have tested negative twice. If children still have a high temperature after Day 10, they should stay off school and seek medical advice such as contacting your GP or phoning 111.